Giving birth in North West London
The NHS in North West London is dedicated to ensuring that women have access to the highest possible quality of care, wherever they choose to give birth.

Recently we have concentrated our staff and resources into six maternity units. This has enabled us to have more midwives and senior consultants in our units to provide care for women, upgrade our facilities, provide more antenatal (before birth) and postnatal (after birth) care locally and offer greater home birth choice.

**Your choices**

In North West London there are **six hospitals** where you can give birth:

- Chelsea and Westminster
- Hillingdon
- Northwick Park
- Queen Charlotte’s and Chelsea
- St Mary’s
- West Middlesex

You can no longer give birth at Ealing Hospital

All our maternity units offer both consultant-led and midwifery-led care depending on the level of support you need. You can also choose to give birth at home, where you will be supported by our home birth team.

Antenatal care is carried out in our hospitals, in children’s centres and in health centres close to where you live. Most women can choose where they receive antenatal care, although some women with particular medical needs may be advised to attend hospital for appointments.

Women can also choose to have their postnatal care either at home, in hospital, or in health and children’s centres near where they live.
How to book

You can be referred to any of our maternity units by your GP, or you can complete a referral form on the individual hospital websites.

This booklet provides you with information on each of our hospital maternity units in North West London, including a map of where they are.

For more information to help you make your choice of where you want to give birth, you can look on each hospital website or speak to your midwife or GP.

If your first choice maternity unit is fully booked, we will contact you to help you book at another unit.
Whichever hospital you choose for your care, all maternity units in North West London include the following services...

Core services

- Birth centre
- Birth rooms
- Birthing pools
- Midwife-led care
- Consultant cover
- Home birth option
- Antenatal ward
- Antenatal care in the community
- Neonatal care
- Postnatal ward
- Postnatal care in the community
- Postnatal care at home
- Private room hire
- Option for partner to stay overnight
Expert care

- **Midwife-led** care for the majority of our women with access to a highly experienced team of midwives 24-hours-a-day, seven-days-a-week

- **Increased consultant cover** for women who require more complex care and support

- **Experts** from different areas of healthcare and other health professions as required

- **Support for women** who choose to have their babies at home

Modern facilities

- Birthing centres which include **rooms with birthing pools**

- Labour wards with **specialist maternity theatres**

- **Recovery areas** for women who have given birth in theatre

- **Special Care Baby Units and intensive care units** for babies requiring continuous medical and nursing care due to prematurity or complex needs

Choice of care

- **Choice of where you give birth**: at home, in a hospital birth centre or labour ward

- **Choice of where you have your antenatal and postnatal care**: in hospitals, children’s centres or in health centres
Hospital maternity units in North West London

**Northwick Park Hospital**
Maternity Department
Watford Road, Harrow, HA1 3UJ
020 8869 5252
www.lnwh.nhs.uk

**Hillingdon Hospital**
Maternity Department
Pield Heath Road, Uxbridge, Middlesex, UB8 3NN
01895 279471
www.thh.nhs.uk

**West Middlesex University Hospital**
Maternity Department
Twickenham Road, Isleworth, Middlesex TW7 6AF
020 8321 5007 / 6420
www.westmidmaternity.org.uk
To find out more speak to your GP or a midwife

Queen Charlotte’s and Chelsea Hospital
Maternity Department
150 Du Cane Road,
London, W12 0HS
020 3312 6135
www.imperial.nhs.uk

St Mary’s Hospital
Maternity Department
Praed Street, Paddington,
London, W2 1NY
020 3312 6135
www.imperial.nhs.uk

Chelsea and Westminster Hospital
Maternity Department
369 Fulham Road,
London, SW10 9NH
020 3315 6000
www.chelwest.nhs.uk
Specialist services

- Neonatal intensive care unit
- Fetal medicine service
- High risk labour ward
- Specialist help for women with HIV
- Specialist support for women with mental health issues
- Diabetic service
- Support for pregnant women with heart disease
- Clinic for women with a history of previous loss or early pregnancy
- Support for women who have had Female Genital Mutilation (FGM)
- Support for women who have had caesarean section but want a natural birth
- Teenage pregnancy clinic
- Raised Body Mass Index (BMI) support
- Renal and sickle cell referral centre
- ECV breech clinic - attempting to turn a baby from a breech position to a head down position
- Aromatherapy and alternative pain relief
- En-suite bathrooms

“Our experienced team of doctors and midwives offer a wide range of birthing choices for women in superb surroundings.”
How to find Chelsea and Westminster Hospital

**Underground:** Fulham Broadway (District Line), Earls Court (Piccadilly and District Lines), South Kensington (Piccadilly; District and Circle Lines) and Gloucester Road (Piccadilly, District and Circle Lines). All stations are a 5–20 minute walk.

**By car:** Limited parking available. Car park becomes very busy during the day. Car parking charges apply – £3.00 per hour (maximum stay 24 hrs). There is also a drop-off point close to the maternity unit.

**Disabled parking** spaces available free of charge to drivers who have a hospital appointment and are displaying a valid disabled driver’s permit in the underground car park.

**Route finder**

**Day buses including 24-hour services**

<table>
<thead>
<tr>
<th>Route</th>
<th>towards</th>
<th>Bus stops</th>
</tr>
</thead>
<tbody>
<tr>
<td>14</td>
<td>Putney Heath</td>
<td>HA HB HC</td>
</tr>
<tr>
<td></td>
<td>Warren Street</td>
<td>HD HE HF</td>
</tr>
<tr>
<td>211</td>
<td>Hammersmith</td>
<td>HA HB HC</td>
</tr>
<tr>
<td></td>
<td>Waterloo</td>
<td>HD HE HF</td>
</tr>
<tr>
<td>328</td>
<td>Chelsea</td>
<td>HK HN HU</td>
</tr>
<tr>
<td></td>
<td>Golders Green</td>
<td>HL HX HY</td>
</tr>
<tr>
<td>414</td>
<td>Maida Hill</td>
<td>HA HB HC</td>
</tr>
<tr>
<td></td>
<td>Putney Bridge</td>
<td>HD HE HF</td>
</tr>
</tbody>
</table>

**Night buses**

<table>
<thead>
<tr>
<th>Route</th>
<th>towards</th>
<th>Bus stops</th>
</tr>
</thead>
<tbody>
<tr>
<td>N31</td>
<td>Camden Town</td>
<td>HA HX HY</td>
</tr>
<tr>
<td></td>
<td>Clapham Junction</td>
<td>HK HN FL</td>
</tr>
</tbody>
</table>

**Buses:** 14, 211, 328, 414 and C3.
“We pride ourselves in ensuring that women and their families experience a service that caters to a woman’s individual needs provided by a committed team.”

Specialist services

- Neonatal intensive care unit
- Fetal medicine service
- High risk labour ward
- Specialist help for women with HIV
- Specialist support for women with mental health issues
- Diabetic service
- Support for pregnant women with heart disease
- Clinic for women with a history of previous loss or early pregnancy
- Support for women who have had Female Genital Mutilation (FGM)
- Support for women who have had caesarean section but want a natural birth
- Teenage pregnancy clinic
- Raised Body Mass Index (BMI) support
- Renal and sickle cell referral centre
- ECV breech clinic - attempting to turn a baby from a breech position to a head down position
- Aromatherapy and alternative pain relief
- En-suite bathrooms
**How to find Hillingdon Hospital**

**Underground:** Piccadilly or Metropolitan lines to Uxbridge Station. Then take the bus to Hillingdon Hospital.

**Rail:** West Drayton station. From there take the U3 bus to Hillingdon Hospital.

**By car:** Limited parking available. Car parking charges apply. It is recommended to go by public transport if possible. Short and long term car parks: £1.50 per hour (cash only), (maximum stay 24 hrs+). There is also a drop-off point close to the maternity unit.

**Disabled parking** spaces are available free of charge for people who display a valid disabled driver’s permit.

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**Route finder**

**Day buses**

<table>
<thead>
<tr>
<th>Bus route</th>
<th>Towards</th>
<th>Bus stops</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>U1</strong></td>
<td>Ruislip</td>
<td>HA, HD</td>
</tr>
<tr>
<td></td>
<td>West Drayton</td>
<td>A, HB, HC</td>
</tr>
<tr>
<td><strong>U2</strong></td>
<td>Brunel University</td>
<td>HA, HD</td>
</tr>
<tr>
<td></td>
<td>Uxbridge</td>
<td>A, HB, HC</td>
</tr>
<tr>
<td><strong>U3</strong></td>
<td>Heathrow Terminals 1, 2, 3</td>
<td>A, HB, HE</td>
</tr>
<tr>
<td></td>
<td>Uxbridge</td>
<td>HA, HG</td>
</tr>
<tr>
<td><strong>U4</strong></td>
<td>Hayes Pro.Logis Park</td>
<td>A, HB, HC</td>
</tr>
<tr>
<td></td>
<td>Uxbridge</td>
<td>HA, HD</td>
</tr>
<tr>
<td><strong>U5</strong></td>
<td>Hayes &amp; Harlington</td>
<td>A, HB, HE</td>
</tr>
<tr>
<td></td>
<td>Uxbridge</td>
<td>HA, HG</td>
</tr>
<tr>
<td><strong>U7</strong></td>
<td>Hayes Sainsbury’s</td>
<td>A, HB, HC</td>
</tr>
<tr>
<td></td>
<td>Uxbridge</td>
<td>HA, HD</td>
</tr>
</tbody>
</table>

**Buses:** U1, U2, U3, U4, U5, U7
Specialist services

- Neonatal intensive care unit
- Fetal medicine service
- High risk labour ward
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- Diabetic service
- Support for pregnant women with heart disease
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- Support for women who have had caesarean section but want a natural birth
- Teenage pregnancy clinic
- Raised Body Mass Index (BMI) support
- Renal and sickle cell referral centre
- ECV breech clinic - attempting to turn a baby from a breech position to a head down position
- Aromatherapy and alternative pain relief
- En-suite bathrooms

“A safe, homely and comfortable environment where experienced midwives specialise in natural births.”
Underground/Rail: Northwick Park is on the Metropolitan Line. Kenton station (Bakerloo and London Overground services) is 10-15 minutes walk away.

By car: Parking available. There is also a drop-off point close to the maternity unit. Car parking charges apply: Up to 1 hour: £2.50; Up to 2 hours: £4.70; Up to 5 hours: £6.10; Up to 8 hours £9.40; Up to 24 hours £12.20; 5-Day Pass £22.50.

Disabled parking spaces are available free of charge for people who display a valid disabled driver’s permit and park in designated bays in the multi-storey car park or car parks 2 to 4.

Buses: 186, 223, H9, H10, H14, H18, H19 and N18. Route 182 stops a short distance away on Watford Road. 114 and 183 stop on Kenton Road, a 10 minute walk away.
Our hospital is world-renowned for its maternity and neonatal services. We are a tertiary referral maternity unit with a nationally renowned centre for foetal care.

Specialist services

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150 Du Cane Road, London, W12 0HS
020 3312 6135
How to find Queen Charlotte’s and Chelsea Hospital

Underground: From East Acton station it is about a 10 minute walk down Du Cane Road.

By car: General parking is very limited at or near the hospital. Car parking charges apply. Short and long term car parks: £2.00 per hour. Long term car park has no max stay. Both are cash only. There is also a drop-off point close to the maternity unit.

Disabled parking spaces are available free of charge for people who display a valid disabled driver’s permit.

Route finder
Day buses including 24-hour services

<table>
<thead>
<tr>
<th>Route</th>
<th>towards</th>
<th>Bus stops</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>East Acton, Telford Way</td>
<td>DEGNS</td>
</tr>
<tr>
<td>70</td>
<td>Chiswick Business Park</td>
<td>DEFGS</td>
</tr>
<tr>
<td>72</td>
<td>Roehampton</td>
<td>ABCLM</td>
</tr>
<tr>
<td>95</td>
<td>Shepherd’s Bush</td>
<td>MYWKL</td>
</tr>
<tr>
<td>220</td>
<td>Wandsworth</td>
<td>HIKLM</td>
</tr>
<tr>
<td>272</td>
<td>Willesden Junction</td>
<td>NVWKN</td>
</tr>
<tr>
<td>283</td>
<td>Barnes Wetland Centre</td>
<td>ABCLV</td>
</tr>
</tbody>
</table>

Buses: 7, 70, 72, 95, 220, 272, 283 and N7.
The purpose-built birth centre provides a natural birth environment, led by our highly skilled midwives, and offers water-birth and active birth facilities in a family focused environment.

Specialist services

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- Fetal medicine service
- High risk labour ward
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- Aromatherapy and alternative pain relief
- En-suite bathrooms
Underground: Take the Bakerloo, Hammersmith & City, District, or Circle lines to Paddington Station. St Mary’s Hospital is a few minutes’ walk away.

Mainline trains also run to and from Paddington Station.

By car: There is no parking available for patients or visitors on the hospital grounds. There is a drop-off point. Council-run parking is very limited. Car parking charges apply. £2.40 per hour (pay by card) Maximum stay 4 hrs.

Disabled parking is available.

Buses: 7, 23, 27, 36, 46, 205, 332, 436, N7 and N205.
Specialist services

- Neonatal intensive care unit
- Fetal medicine service
- High risk labour ward
- Specialist help for women with HIV
- Specialist support for women with mental health issues
- Diabetic service
- Support for pregnant women with heart disease
- Clinic for women with a history of previous loss or early pregnancy
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- Aromatherapy and alternative pain relief
- En-suite bathrooms

“An award-winning maternity service that was the first in London to achieve full accreditation as a Baby Friendly hospital.”
**How to find West Middlesex Hospital**

**Route finder**

### Day buses

<table>
<thead>
<tr>
<th>Bus route</th>
<th>Towards</th>
<th>Bus stops</th>
</tr>
</thead>
<tbody>
<tr>
<td>110</td>
<td>Twickenham</td>
<td>HA, HC, M, S, TD</td>
</tr>
<tr>
<td>117</td>
<td>Staines</td>
<td>HA, HB, HE, TF</td>
</tr>
<tr>
<td>235</td>
<td>Brentford</td>
<td>P, R, T</td>
</tr>
<tr>
<td>237</td>
<td>Sunbury Village</td>
<td>M, S, V</td>
</tr>
<tr>
<td>237</td>
<td>Hounslow Heath</td>
<td>M, S, V</td>
</tr>
<tr>
<td>237</td>
<td>White City</td>
<td>P, R, T</td>
</tr>
<tr>
<td>267</td>
<td>Fulwell</td>
<td>HB, TE, TF, TH, TM, V</td>
</tr>
<tr>
<td>267</td>
<td>Hammersmith</td>
<td>HC, T, TD, TG, TJ, TN, TT</td>
</tr>
<tr>
<td>481</td>
<td>Kingston +</td>
<td>HA, HB, HE, TF, TH, TM</td>
</tr>
<tr>
<td>481</td>
<td>Hounslow Civic Centre</td>
<td>TN, TP</td>
</tr>
<tr>
<td>481</td>
<td>Iveybridge</td>
<td>TM, TS</td>
</tr>
<tr>
<td>H20</td>
<td>Bulls Bridge</td>
<td>AA, HB, TE, V</td>
</tr>
<tr>
<td>H20</td>
<td>Osterley</td>
<td>HC, T, TD</td>
</tr>
<tr>
<td>H37</td>
<td>Hounslow Ilenheim Centre</td>
<td>TJ, TL, TU</td>
</tr>
<tr>
<td>H37</td>
<td>North Sheen</td>
<td>TH, TK, TX</td>
</tr>
</tbody>
</table>

### Night buses

<table>
<thead>
<tr>
<th>Bus route</th>
<th>Towards</th>
<th>Bus stops</th>
</tr>
</thead>
<tbody>
<tr>
<td>N9</td>
<td>Aidwych</td>
<td>P, R, T</td>
</tr>
<tr>
<td></td>
<td>Heathrow Terminal 5</td>
<td>M, S, V</td>
</tr>
</tbody>
</table>

* + Mondays to Saturdays except evenings

**Underground:** Hounslow East (Piccadilly Line). Then walk five minutes to Hounslow Bus Station before taking the 117 bus.

**By car:** Excellent parking facilities. Car parking charges apply. Short term car park max stay 24 hours and cash only. Long term car park credit card only and max stay 24hrs +. Both £1.40 per hour to £6.10 for 8 hrs. There is also a drop-off point close to the maternity unit. **Disabled parking** bays are available for people who display a valid disabled driver’s permit.

**Buses:** 110, 117, 481, N9, H37 (stop at Isleworth War Memorial and then 10 minute walk or you can take the 117 or 237 bus routes), H28, 267 (both stop on Twickenham Road), H20 (stops on Twickenham Road and then a ten minute walk)

**Overground:** Syon Lane (then take H28 bus) or Isleworth (then take the 117 or 110 bus).
Do you want more copies of this booklet? If you would like more copies please call 0800 881 5209 or email sahf@nw.london.nhs.uk

Do you want more information? For more information on how to give birth and about local services please contact your GP.

Information also available in Easy Read, Tamil, Punjabi, Urdu, Polish, Arabic and Somali.

Maternity units contact information

**Chelsea and Westminster Hospital** • 020 3315 6000
www.chelwest.nhs.uk/services/womens-health-services/maternity-services

**Northwick Park Hospital** • 020 8869 5252
www.lnwh.nhs.uk/services/a-z-services/m/nphmaternity

**Hillingdon Hospital** • 01895 279471
www.thh.nhs.uk/services/women_babies

**West Middlesex University Hospital** • 020 8321 5007 / 6420
www.westmidmaternity.org.uk

**St Mary’s Hospital and Queen Charlottes Hospital** • 020 3312 6135
www.imperial.nhs.uk/services/maternity